

European Master in Health and Physical Activity

Structure of the study programme

Basic information

Study programme identification number: 066 350

Duration: 4 semesters

Introduction

Admission to a master's degree requires the completion of a subject-related bachelor's degree from a university or an applied university or of another equivalent study at a recognized national or foreign post-secondary educational institution.

To enter this master's program, a bachelor's degree in Sport Science or an equivalent degree (max. 30 ECTS difference from the curriculum of the bachelor's degree in Sport Science) is required.

Degree: Master of Science (MSc) at the University of Vienna

Additionally: Laurea Magistrale in Attività Fisica e Salute (Italy)

Overview

General Intensive Module 1	15 ECTS
General Intensive Module 2	15 ECTS
General Intensive Module 3	15 ECTS
General Intensive Module 4	15 ECTS
Specialization Module	15 ECTS
Elective Module	15 ECTS
Master's thesis and examination	25 ECTS 5 ECTS
IN TOTAL	120 ECTS

Specifics

Introduction: Modules 1-3 only take place in the winter semester. Therefore, it is recommended to start this program in the winter term.

Course language: English, with the exception of the Intensive Module 4 (research methods) where knowledge of German is of advantage.

As the course language is mainly English, English skills at level B2 are required and must be proved if necessary. The evidence can be provided as described:

* Graduation of a university or a university of applied sciences where the course language was entirely English OR

* Official certificate (not older than 3 years) of the following language tests:

IELTS Academic (score of at least 6,5 in total)

TOEFL: IBT (internet-based): 88 points; "Paper": 570 points; computer based: 230 points OR

* Equivalent proof of English skills

Mobility

The program is held in cooperation with international partner universities (Norwegian School of Sport Sciences (Oslo), Syddansk Universitet (Odense), Deutsche Sporthochschule Köln) and University of Rome "Foro Italico" (Rome, <http://www.europeanmasterhpa.eu/>). 45 ECTS of the study programme are only offered in Rome. Therefore, readiness for mobility is essential.

Qualification profile

The aim of the integrative master's programme European Master in Health and Physical Activity at the University of Vienna is to provide students a well-founded understanding of the scientific, biological, psychosocial and social aspects of physical performance in different age groups and different health conditions.

Due to the international orientation of the programme, the students are particularly able to implement the knowledge they have acquired in a European or international environment. They have the competence to express themselves on a high level, especially in English, in addition to their mother tongue.

Occupational areas

After completing the program, graduates have a wide range of fields of occupation depending on their specializations.

Graduates are able to work in the following occupational area:

- Public health Service
- Private companies in the fitness and health sector
- Health promotion in the workplace
- Provision of training programs tailored to the needs of different target groups
- Fitness and wellness clubs
- Rehabilitation facilities (according to national laws)
- Social advice centers
- Kindergartens and schools
- Tourism branch
- Advising decision-makers in the areas of health care, fitness, rehabilitation etc.